

各野菜の旬の時期

対象品目	4月	5月	6月	7月	8月	9月	10月	11月	12月	1月	2月	3月
トマト	●	●	●	●	●	●	●	●	●	●	●	●
トマト・京てまり	●	●	●	●	●	●	●	●	●	●	●	●
なす	●	●	●	●	●	●	●	●	●	●	●	●
賀茂なす	●	●	●	●	●	●	●	●	●	●	●	●
きゅうり	●	●	●	●	●	●	●	●	●	●	●	●
えだまめ	●	●	●	●	●	●	●	●	●	●	●	●
さんどまめ	●	●	●	●	●	●	●	●	●	●	●	●
鷹峯とうがらし (とうがらし類)	●	●	●	●	●	●	●	●	●	●	●	●
ピーマン	●	●	●	●	●	●	●	●	●	●	●	●
たけのこ	●	●	●	●	●	●	●	●	●	●	●	●
いちご	●	●	●	●	●	●	●	●	●	●	●	●
さやえんどう	●	●	●	●	●	●	●	●	●	●	●	●
実えんどう	●	●	●	●	●	●	●	●	●	●	●	●
スイートコーン	●	●	●	●	●	●	●	●	●	●	●	●
葉とうがらし	●	●	●	●	●	●	●	●	●	●	●	●
そば菜	●	●	●	●	●	●	●	●	●	●	●	●
長だいこん	●	●	●	●	●	●	●	●	●	●	●	●
聖護院だいこん	●	●	●	●	●	●	●	●	●	●	●	●
かぶ(小~中)	●	●	●	●	●	●	●	●	●	●	●	●
大かぶ	●	●	●	●	●	●	●	●	●	●	●	●
ほうれんそう	●	●	●	●	●	●	●	●	●	●	●	●
きくな(一般地域)	●	●	●	●	●	●	●	●	●	●	●	●
きくな(嵯峨北部)	●	●	●	●	●	●	●	●	●	●	●	●
こまつな (しろな・はくさい菜等)	●	●	●	●	●	●	●	●	●	●	●	●
九条ねぎ	●	●	●	●	●	●	●	●	●	●	●	●
堀川ごぼう	●	●	●	●	●	●	●	●	●	●	●	●
はたけ菜	●	●	●	●	●	●	●	●	●	●	●	●
すぐき菜	●	●	●	●	●	●	●	●	●	●	●	●
金時にんじん	●	●	●	●	●	●	●	●	●	●	●	●
西洋にんじん	●	●	●	●	●	●	●	●	●	●	●	●
京せり	●	●	●	●	●	●	●	●	●	●	●	●
みず菜	●	●	●	●	●	●	●	●	●	●	●	●
壬生菜	●	●	●	●	●	●	●	●	●	●	●	●
冬キャベツ	●	●	●	●	●	●	●	●	●	●	●	●
春キャベツ	●	●	●	●	●	●	●	●	●	●	●	●
ブロッコリー・カリフラワー	●	●	●	●	●	●	●	●	●	●	●	●
はくさい	●	●	●	●	●	●	●	●	●	●	●	●
くわい	●	●	●	●	●	●	●	●	●	●	●	●
えびいも	●	●	●	●	●	●	●	●	●	●	●	●
さやだいこん	●	●	●	●	●	●	●	●	●	●	●	●
花菜	●	●	●	●	●	●	●	●	●	●	●	●

ホームページ <http://www.city.kyoto.jp/sakan/nourin/index.html>